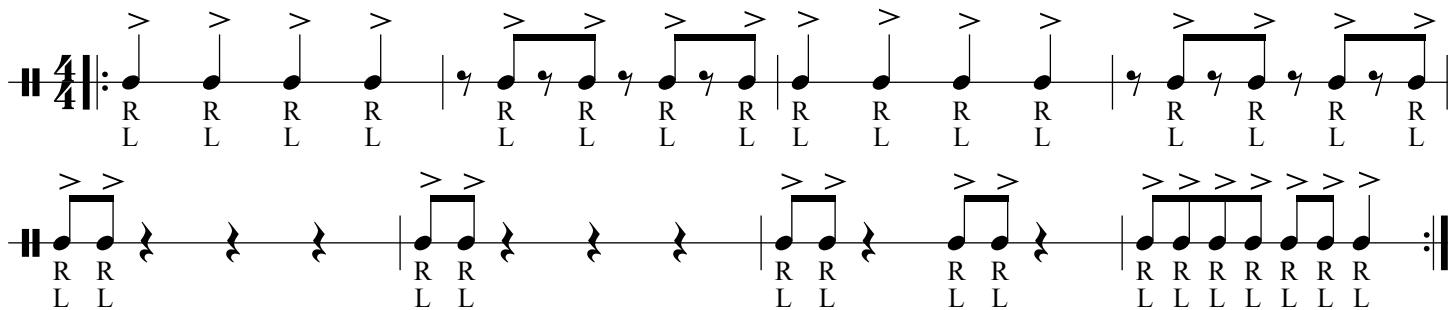


Bass

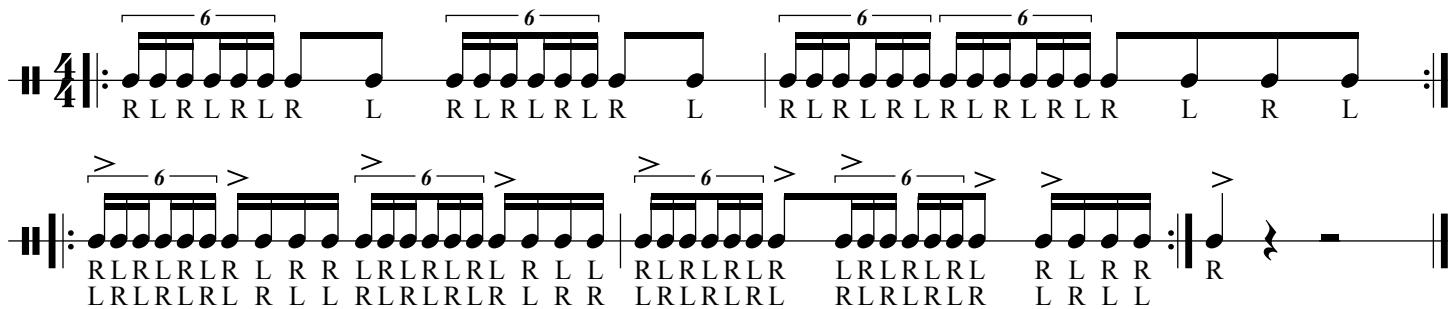
# Old Guard Exercises

## SYNCOPATION EXERCISE



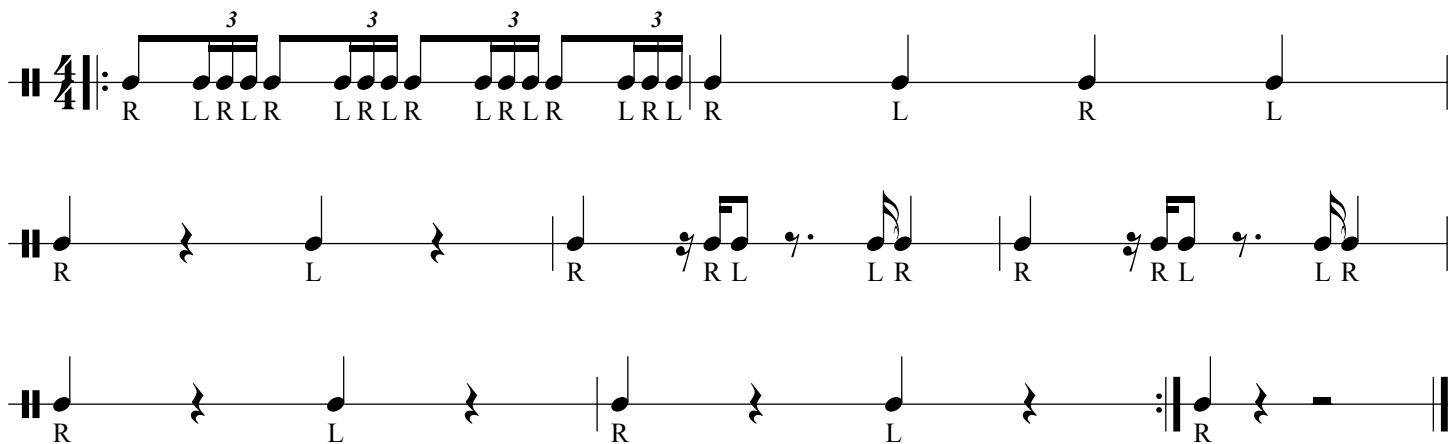
Syncopation Exercise musical notation for bass drum. The notation is in 4/4 time with a key signature of one sharp. It consists of two staves. The top staff shows a continuous pattern of eighth notes, with the first note of each pair having a vertical stroke above it and the second note having a vertical stroke below it. The bottom staff shows a similar pattern, but with sixteenth-note pairs. The bass drum is indicated by 'R' and 'L' under each note, and the strokes are indicated by vertical lines above or below the notes.

## FILL PARADiddles



Fill Paradiddles musical notation for bass drum. The notation is in 4/4 time with a key signature of one sharp. It features two staves. The top staff includes sixteenth-note patterns with sixteenth-note rests, grouped in pairs. The bottom staff shows a sequence of eighth-note pairs with sixteenth-note rests. The bass drum is indicated by 'R' and 'L' under each note, and the strokes are indicated by vertical lines above or below the notes.

## ROLL EXERCISE



Roll Exercise musical notation for bass drum. The notation is in 4/4 time with a key signature of one sharp. It consists of three staves. The top staff shows a continuous pattern of eighth notes, with the first note of each group of three having a vertical stroke above it and the second note having a vertical stroke below it. The middle staff shows a sequence of eighth-note pairs with sixteenth-note rests. The bottom staff shows a sequence of eighth-note pairs with sixteenth-note rests. The bass drum is indicated by 'R' and 'L' under each note, and the strokes are indicated by vertical lines above or below the notes.